

**FREE WEBINAR**

**LET'S CELEBRATE  
SEL DAY!**

# ENHANCING SOCIAL AND EMOTIONAL WELL-BEING IN CHILDREN AND TEACHERS

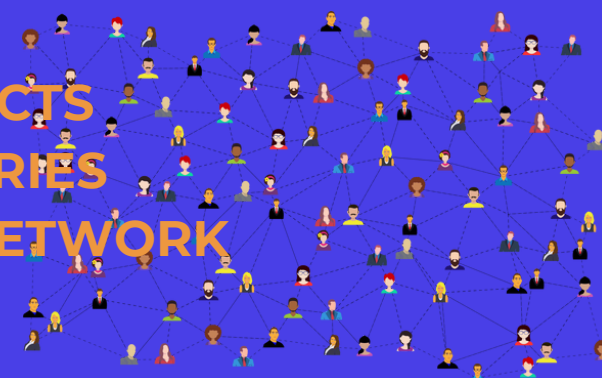
 **DATE**

Friday,  
28 February, 2025

 **TIME**

14:00 CET

**11 PROJECTS  
8 COUNTRIES  
EXPANDING NETWORK**



**REGISTRATION**



[https://forms.office.com  
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*European Network for  
Social and Emotional Competence*

# ENHANCING SOCIAL AND EMOTIONAL WELL-BEING IN CHILDREN AND TEACHERS

## Webinar (MsTeams platform)

Having in mind growing number of socio-emotional difficulties among children and youth, it is of utmost importance to create possibilities of running research studies and have the empirical-based evidence on how to support socio-emotional well-being of children. As the European network which is aimed to develop and promote evidence-based practice in social and emotional competence and resilience in education, ENSEC is organizing this webinar focusing on the latest European research projects. Scientific projects who are exploring the social and emotional competencies in children and teachers, their well-being and resilience in European educational context are more than welcome to be presented within this webinar. This is the opportunity not only to provide the latest research findings on social and emotional wellbeing and resilience within ENSEC, but also to provide a platform for all ENSEC members to network within their research projects.

Therefore, this is the Open call for the ENSEC members to apply and to present their projects within this webinar. Eleven contributions have been received and it will be presented during this interesting webinar! **Come and join us celebrating SEL day!**

**REGISTRATION**



<https://forms.office.com/e/5LWTWAWJR3>



# PROGRAMME

28 February 2025, 14:00 - 17:30 CET

## WEBINAR

*Enhancing social and emotional well-being in children and teachers*

### 14:00 - Introduction to the ENSEC webinar

Sanja Tatalović Vorkapić, Carmel Cefai,  
Paula Lebre & Maria Poulou; Jelena Flego

### 14:15 - Improving emotional literacy and wellbeing in children with learning disabilities: Zippy's Friends feasibility trial results

[Hannah Baker](#) & [Gemma Unwin](#) | UK



### 14:30 - Empowering education: Insights from Malta's educator wellbeing initiative

[Gordon Formosa](#) & M. Pace | Malta



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28 February 2025, 14:00 - 17:30 CET

## WEBINAR

*Enhancing social and emotional well-being in children and teachers*

14:45 - **Enhancing social and emotional wellbeing in preschool setting: Findings from the PROMEHS program**

Ilaria Grazzani & Valeria Cavioni | *Italy*



15:00 - **Developing students' competence to deal with teasing at school as a means of enhancing their social and emotional well-being: A three-stage model**

Anat Korem | *Israel*



15:15 - **Child well-being in family context**

Ivana Hanzec Marković & A. Brajša-Žganec | *Croatia*



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## WEBINAR

*Enhancing social and emotional well-being in children and teachers*

15:30 - **From aspiration to practice: The emotional journey of becoming a special education teacher**

Valeria Cavioni | [Italy](#)



15:45 - BREAK

16:00 - **CARE for teachers mindfulness-based professional development: Results of a large-scale cluster randomized control trial**

Patricia A. Jennings | [USA](#)



16:15 - **Play-based SEL kernels for Ukraine: Learnings from a pilot program and teacher training**

[Emily Stolz](#), [Sonya Temko](#),  
Rebecca Bailey, & Stephanie Jones | [USA](#)



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## WEBINAR

*Enhancing social and emotional well-being in children and teachers*

16:30 - **Prevention and support for the psychological and emotional well-being of doctoral students. A proposal for intervention in Spain**

Agnès Ros-Morente,

R. Gomis, N. Garcia, G. Filella | **Spain**



16:45 - **Level up teachers' well-being: The effectiveness of a serious game with Italian teachers**

Ellisabetta Conte, V. Cavioni & V. Ornaghi | **Italy**



17:00 - **Fostering social and emotional wellbeing in educational context through six projects**

Sanja Tatalović Vorkapić | **Croatia**



17:15 - **Closing ENSEC webinar**



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